

# OCTOBER 2023

## DISABILITY AWARENESS MONTH



Dear Harbor Students, Staff, and Faculty,

We are delighted to offer a series of in-person and online presentations in honor of **Disability Awareness Month**. Each presentation offers a unique opportunity to amplify the voices of the disability community and foster a deeper understanding of their experiences.

Many of us are committed to the principles of equality and equity; however, true advocacy comes when we make deliberate efforts to educate ourselves and bridge gaps in understanding. Engaging in these activities not only exemplifies our collective dedication to inclusion but also equips us with the knowledge and tools to genuinely walk the talk.

Your presence and engagement will be instrumental in driving the transformative change we envision for our institution. It's more than just attending; it's about collaborating to create an environment where everyone truly feels acknowledged, understood, and cherished. We hope to share these moments of enlightenment with you at our presentations.

Best,

*Maribel Costa*  
Acting DSPS Director

*Dean Sylvia Files*  
Acting Dean of Student Services

MON	TUE	WED	THU	FRI
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9</b>	<b>10</b>	<b>11</b> <b>2 pm - 3 pm</b> <b>Become a Disability Ally</b> Presenter: Diana Sanchez Online: Zoom ID: 988 522 9965 <a href="https://laccd.zoom.us/j/9885229965">https://laccd.zoom.us/j/9885229965</a> Faculty Flex Credit Available	<b>12</b> <b>3 pm - 4 pm</b> <b>Accommodation Letter FAQs</b> Presenter: Maribel Costa Online: Zoom ID: 988 522 9965 <a href="https://laccd.zoom.us/j/9885229965">https://laccd.zoom.us/j/9885229965</a> Faculty Flex Credit Available	<b>13</b> <b>10 am - 11 am</b> <b>Learn to Time Manage Efficiently &amp; Effectively</b> Presenter: Sabrina Nguyen In-Person: Technology Bldg 110
<b>16</b> <b>1 pm - 2 pm</b> <b>Disability 101: What We Do</b> Presenter: Steve Swaim In-Person: Technology Bldg 110 Faculty Flex Credit Available	<b>17</b> <b>4 pm - 5 pm</b> <b>Scoop Up a Better GPA</b> Presenter: Patsy Gonzalez In-Person: Technology Bldg 110	<b>18</b> <b>2 pm - 3 pm</b> <b>Study Strategies for Success</b> Presenter: Emily Strain In-Person: Technology Bldg 110	<b>19</b> <b>3 pm - 4 pm</b> <b>Dare to Self-Care</b> Presenter: Patsy Gonzalez In-Person: Technology Bldg 110	<b>20</b> <b>10 am - 11 am</b> <b>Accommodation Letter FAQs</b> Presenter: Maribel Costa Online: Zoom ID: 988 522 9965 <a href="https://laccd.zoom.us/j/9885229965">https://laccd.zoom.us/j/9885229965</a> Faculty Flex Credit Available
<b>23</b> <b>3 pm - 4 pm</b> <b>Disability Language</b> Presenter: Maribel Costa Online: Zoom ID: 988 522 9965 <a href="https://laccd.zoom.us/j/9885229965">https://laccd.zoom.us/j/9885229965</a> Faculty Flex Credit Available	<b>24</b> <b>3 pm - 4 pm</b> <b>Career Center Resources 101</b> Presenter: Liliana Garcia In-Person: Technology Bldg 116	<b>25</b> <b>1 pm - 2 pm</b> <b>Using DSPS Testing Services</b> Presenter: Talia Rebollar In-Person: Technology Bldg 110 Faculty Flex Credit Available	<b>26</b> <b>2 pm - 3 pm</b> <b>Disability Microaggressions</b> Presenter: Akilah Runnels Online: Zoom ID: 988 522 9965 <a href="https://laccd.zoom.us/j/9885229965">https://laccd.zoom.us/j/9885229965</a> Faculty Flex Credit Available	<b>27</b> <b>8 am - 2:30 pm</b> <b>9th Annual LACCD Disability Summit</b> In-Person: LAHC Theater Click <a href="#">HERE</a> to RSVP Faculty Flex Credit Available
<b>30</b> <b>3 pm - 4 pm</b> <b>Assistive Technology 101</b> Presenter: Lauren Miller Online: Zoom ID: 310 233 4628 <a href="https://laccd.zoom.us/my/lmillerlahc">https://laccd.zoom.us/my/lmillerlahc</a> Faculty Flex Credit Available	<b>31</b> <b>2 pm - 3:30 pm</b> <b>Become a Disability Ally</b> Presenter: Patsy Gonzalez In-Person: Technology Bldg 110 Faculty Flex Credit Available	<p><b>Disabled Student Programs and Services</b> Location: Technology Building, Room 118 Phone: (310) 233 - 4629 / Email: <a href="mailto:sps-lahc@lahc.edu">sps-lahc@lahc.edu</a> Instagram: @SPS_LAHC / Facebook: @SpecialProgramsLAHC</p> 		