



Mental Health

310-233-4586

The Center for mental health, Life Skills Center (LSC), is dedicated to providing counseling and related services to LAHC students. The goal is to enable students to meet the personal, familial, and environmental challenges and pressures which can interfere with the ability to succeed academically and personally.

The LSC is staffed by a licensed clinical psychologist and advance graduate student interns from Masters and Doctoral level psychology programs in the Los Angeles area.

Life Skills Center is located upstairs in the Technology Building Room 215.

Hours of Operation:

Monday and Thursday 10:00 am to 4:00 pm
Friday-Closed

Appointments with the LSC staff can be made any time after the initial visit.

Crisis Intervention

If a student is suffering from any psychosocial issue, please go to the Life Skills Center regardless of the time. Crisis hours are available at all times the center is open.

Emergencies when the Life Skill Center is closed: Call 310-233-4600 for the sheriff on campus.