STUDENT HEALTH CENTER SERVICES
The LAHC Student Health Center provides services to CURRENT STUDENTS ONLY. Faculty, staff, and the community may not be seen at the Health Center.

Nurse Carole Stevenson RN, MSN, FNP-BC

Basic Medical Care
The LAHC Student Health Center is directed by a fully licensed and certified Family Nurse Practitioner who is dedicated to the college community. Our basic services include treatment of common medical problems, wound care, first aid, preventive care, immunizations, health and psychiatric counseling, and laboratory services. A student may receive general care by walking in or making an appointment. Some basic services are provided under the health fee paid at the time of registration for LAHC students. Other services such as prescription medication, lab tests, and immunizations have a fee.

Physical Exams
We provide physical exams for the following programs or events: LAHC School of Nursing, DMV, school transfers, employment, disabilities, Metro city bus pass, and sports. All physicals are done by a licensed and certified M.D. on Wednesdays from 10:00am – 12:00pm. A preliminary visit must be completed before a physical exam is scheduled.

Laboratory Services
The Student Health Center provides services such as full blood profiles, urinalyses, throat cultures, pregnancy testing, titers, and HIV testing. All lab tests are drawn on site by the Nurse Practitioner and sent to Quest Diagnostics for analysis. There is a fee for most lab tests.

Immunizations
The following is a list of immunizations we provide at our cost:

- Hepatitis A $30 per dose
- Hepatitis B $40 per dose
- TWINRIX Hepatitis A&B $60 per dose
- TDAP (Tetanus) $40
- Polio $40
- Inactivated Influenza (“Flu” Vaccine) $10
- TB (Tuberculosis) test $10 or $20 for 2 step

Please visit our Immunizations page for more information on these vaccines.
**Mental Health**
The Life Skills Center (LSC) for drop in visits is located in the Student Health Center. The LSC is the mental health service on campus. Directed by a PhD. Psychologist and Masters prepared interns, the LSC offers psychosocial counseling and related services to LAHC students. (See Mental Health link for more information). The Life Skills Center for ongoing care is in the bungalows adjacent to Special Programs and Services.

**Dental Care**
All dental appointments are made by referrals to local dentists and dental groups. (A list is provided under the Dental link). Students with dental infections can be treated at the Health Center while waiting for an appointment.
Other services can be provided by referral from the Nurse Practitioner.

**Referrals**

**Dental Services**
Annie Goh, D.D.S.
25897 Western Ave Suite 2, Lomita, CA 90717
(310) 530-0900

**Medical Services**
Christopher W. Traughber, M.D.
26516 Crenshaw Blvd, Palos Verdes Peninsula, CA 90274
(310) 541-7911

**MENTAL HEALTH**

Mental Health Urgent Care Center
6060 Paramount Blvd
Long Beach, CA
(562) 790-1860
Monday – Friday, 8:00 am – 7:00 pm

Access Center
24 hour hotline
1 (800) 854-7771

Long Beach M.E.T Team (Mental Evaluation Team)
“911” ask for M.E.T.
Non-emergency 9562) 435-7195 Medical Services

Multi-Specialty Community Clinics
Global Medical Clinic
1110 W. Anaheim St. Suite 6, Wilmington, CA 90744
(310) 872-3560

Harbor Community Clinic (formerly San Pedro Free Clinic)
593 West 6th Street
San Pedro, Ca 90731
(310)547-0202

Wilmington Family Medicine
1325 Broad St.Wilmington, Ca 90744
(310) 518-8800

Vaccines, Immunizations, and STD Testing
Torrance Health Department
711 Del Amo Blvd,
Torrance, CA 90502
(310) 354-2300

**Confidentiality is strictly maintained at Student Health Services. No one (except for SHC staff) has access to, or can gain access to, your medical records without your written consent except as required by law.**