



## Mental Health

**310-233-4075**

The center for mental health, Life Skills Center (LSC), is dedicated to providing counseling and related services to LAHC students. The goal is to enable students to meet the personal, familial, and environmental challenges and pressures which can interfere with the ability to succeed academically and personally.

The LSC is staffed by a licensed clinical psychologist and advance graduate student interns from Masters and Doctoral level psychology programs in the Los Angeles area.

Life Skills Center is located in the Bungalow next to Special Programs and Services. Walk in hours are in the Student Health Center.

### Hours of Operation:

**Walk in hours: Located at the Student Health Center**

Monday and Friday 10:00 to 12:00 noon

Tuesday through Thursdays 11:00 am to 1:00 pm

**Appointments** with the LSC staff can be made any time between the hours of 8:00 am and 8:00 pm Monday through Thursday and Friday 8:00am -2:00pm. (310-233-4075)

**Crisis Intervention**

If a student is suffering from any psychosocial issue, please come to the Student Health Center or go to the Life Skills Center in the bungalows regardless of the time. Crisis hours are available at all times the center is open.

**Emergencies** and the Life Skill Center is closed: Call 911 or 310-233-4600 sheriff on campus