



EOPS/CARE Staff

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- Steven L. Hirsch**
EOPS Counselor
- Mica Murillo**
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- Maria Mancía**
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- Janice Ishikawa**
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Program Assistant
- Floyd Buckhaultner**
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- Michelle Perera**
Math Tutor
- Sarah Hicks**
English Tutor



Associate Dean's Message

Welcome new and returning EOPS and CARE students! We are excited to have you as a student in our programs and hope that you will take advantage of the services and programming we have planned for the fall term.

Now that the State budget is signed and we have our allocation for this year, we are planning for new and innovative ways to support you. One thing that will increase in the spring will be the book grant.

Please take the time to carefully review this edition of the EOPS/CARE Newsletter and keep it for future reference. This newsletter is made for you!

If you have any questions or require assistance anytime during the semester, please do not hesitate to contact or visit the EOPS/CARE Office. I wish each of you the very best this semester!

Talk to you soon. *Mercy Yanez*

Fall 2008

Issue 1

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EOPS/CARE

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Welcome to Janice Ishikawa

My name is Janice Ishikawa and I am currently the LAHC nursing success counselor, which means during my day job I primarily help current nursing students that are having difficulty in the program. This experience in the program has given me some insight into what it takes to be successful in the nursing program. Before the nursing program, I worked in our Transfer/ Career Center. I love to help students find their own individualized, educational road map to their goals and dreams, whether that is in nursing, transfer or any other field. My personal higher education journey took me through 9 colleges/ universities. Along the way I earned two degrees, my B.A. in Sociology and my M.A. in Education/ Counseling. Aside from being a student for 13 years, I have experience being a server, a bartender, a babysitter, an office clerk for 8 aerospace engineers, an elementary school teacher, a counseling assistant in the Transfer/Career center and now finally a counselor and Personal Development instructor. I am excited to now be a part of the EOP&S family and look forward to meeting, helping, and learning more about you.



Dates to Remember

September 2nd

Fall semester begins

September 26th

Last day to use your book award & receive the parking/ASO fee waiver

Aug. 18th-Oct. 24th

Make your 1st appointment to see an EOPS Counselor

October 6th

Progress report is available in the EOPS office and on the web page

Oct. 13th-November 21st

Make your 2nd appointment to see an EOPS Peer Advisor or any counselor

Oct. 29th

Priority registration for winter intersession begins.

Sept. 2nd-Oct. 16th

Fall 2008 Graduation Petitions available

Nov. 3rd-Dec. 12th

Make your 3rd appointment with an EOPS Counselor

Nov. 20th

Last day to drop classes with a "W"

Nov. 21st

Progress Reports due for ALL EOPS/CARE Students

Dec. 12th

Last day to meet with an EOPS Counselor

Dec. 14th- 20th

Final Examinations

Schedule your appointments online at www.lahc.edu/student-services/eops/news.html (click on the link at the top of the page)

UPCOMING EVENTS

EOPS, CARE CalWORKs Club



This is a wonderful way to begin your college extra-curricular support, meet fellow students and become part of a social support network. Your club participation will look wonderful on a scholarship application. There is also an opportunity to learn leadership skills by serving as a club officer. The club's first meeting will take place on **Monday, October 13th at 2:00 p.m.** in room **Tech 110** with the club Advisor, Mica Murillo.

Refreshments will be provided. Come Join Us.

Welcome Maria Mancía



My name is Maria Mancía. I'm one of the new counselors in the EOPS/CARE program. Though, I am not new to community colleges. I have been a community college employee for the past 20 years serving students in various capacities. Currently, I work full-time for the EOPS/CARE program at our sister campus, West Los Angeles College as a Student Services Specialist/Assistant Director. As for my educational background, I attended Los Angeles Trade Technical College where I obtained a Liberal Arts Transfer degree, and then transferred to California State University, Long Beach and earned a Bachelor of Arts degree in Psychology. While working full-time and supporting my family, I attended Mount Saint Mary's College where I obtained a Master of Science degree in Counseling Psychology. Serving students is my passion and I hope that you will grant me the opportunity to get to know you. I'm at Harbor during the day on Thursdays.

EOPS Fall Office Hours

Monday 9:00 am – 6:00 pm
(Evening counseling available)

Tuesday 9:00 am – 4:00 pm

Wednesday 9:00 am – 4:00 pm

Thursday 9:00 – 6:00 pm
(Evening counseling available)

Friday – Closed
(Counseling available)

EOPS Workshop Offerings

The EOPS/CARE Office invites you to attend one of the workshops offered this term. We have many choices from study skills enhancement to transfer and personal development topics. The full workshop schedule is available in print from our office or on our web page at www.lahc.edu/eops (click on the 'Latest News' link).

Workshop facilitators, who are experts in their subject area, will provide you with valuable information and resources to help you succeed in college.





CARE Corner

Welcome to all new and returning CARE students! I am looking forward to meeting and working with you this semester. All CARE students are required to meet with me at least once during the semester, and this meeting will “count” as your required contact. CARE students are also required to attend a workshop. We have exciting new workshop offerings based on your requests that will also give you an opportunity to meet other CARE students. Please call me to arrange a time for your CARE individual contact. My phone number is (310) 233-4404.

Once you have had a contact with me during the semester, we will provide you with some “goodies” that are special to CARE students. In addition, please contact me to learn about the Women’s Opportunity Awards and how to apply for this \$3,000-\$10,000 scholarship opportunity.

I’m wishing you all a very successful fall term and all the best in 2008!



“Model by example those qualities you want your child to have.”

Quote by: Leah Davies, M.Ed.



Mica Murillo
CARE Coordinator



EOPS and the Emerging eTextbook Medium

The EOPS program is currently conducting research in preparation for making eTextbooks available to EOPS students. eTextbooks are digital versions of textbooks that are read on a computer screen. Currently, most eTextbook services allow you to either download a file to your computer for viewing, or to view the eTextbook online by logging into a website. eTextbooks can be provided at a reduced cost to students, so they are an excellent way for the program to stretch limited book funds.

Our goal is to initially implement the service as part of our book loan program in winter/spring 2009 and eventually offer eTextbooks as part of a student’s book award package. Please let us know what you think about us adding this new service by going to the EOPS website at www.lahc.edu/eops, clicking on ‘Latest News’ on the right, and clicking the survey link in the ‘Electronic Textbooks Are Coming’ section.

Progress Reports

All EOPS/CARE students are required to submit Progress Reports every semester. Progress Report sheets may be picked up at the EOPS/CARE Office in Café 104 starting on **Thursday, October 2nd** or online @ www.lahc.edu/eops (**Latest News**). It is your responsibility to pick-up the Progress Report sheet, to submit it to your instructors for completion, and to return it to program personnel at the time of your second contact. Progress Reports are due at the time of your 2nd counseling contact.

EOPS Tutoring Services

EOPS tutors are a select group of LAHC and university students that have earned “A’s” in the subjects they tutor. Tutoring services are available Monday-Friday.

This semester we have tutoring available for the subjects of: math, English, CIS/CAOT and science. Inquire in the EOPS office about the tutoring hours. Take advantage of these services early to ward off falling behind in difficult subjects.

Tutors: Floyd and Michelle (Math), Sarah (English) and Tim (CIS/CAOT).

Priority Registration

With the State budget cuts to support college growth falling short this year, it is important that you don’t lose your spot in the classes you need by not using your priority registration date.

Winter Session - Beginning October 29

Spring Semester - Beginning November 17

EOPS Office
Los Angeles Harbor College
1111 Figueroa Place
Wilmington, CA 90744
Location: Café 104
Phone: (310) 233-4265
Fax: (310) 233-4124
Web page: www.lahc.edu/eops

How to Remain Eligible for EOPS/CARE

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- Meet with an EOPS/CARE Counselor at least twice per semester.
- Meet with an EOPS/CARE peer advisor or a counselor from another program once per semester (2nd contact).
- Submit Progress Reports for each course you are enrolled in each semester regardless of units or grades and even if you will not be receiving an EOPS and/or CARE Grant. Students who receive letter grades of "D" or "F" will need to meet with an EOPS/CARE counselor.
- Maintain at least 12 units per academic semester (excluding winter and summer) in order to receive the EOPS and/or CARE Grant unless you are a student registered with Special Programs and Services (SPS). Written verification is required.
- Attend one workshop each semester or take a personal development class.