

FALL 2010 CARE WORKSHOP SCHEDULE

CAREER EXPLORATION WITH TRUE COLORS AND EUREKA

Friday, September 17, 2 pm to 3 pm, NEA 126
Presented by Mica Murillo, EOPS/CARE Counselor

CARE NETWORKING SUPPORT GROUP

(Share concerns, ideas, network with other CARE students, etc...)

Friday, September 24, 2 pm to 3 pm, NEA 103
Friday, October, 8, 2 pm to 3 pm, NEA 103
Friday, October, 29, 2 pm to 3 pm, NEA 103
Friday, November 5, 2 pm to 3 pm, NEA 103
Friday, November 19, 2 pm to 3 pm, NEA 103
Friday, December 3, 2 pm to 3 pm, NEA 103
Presented by Mica Murillo, EOPS/CARE Counselor

CSU APPLICATION WORKSHOPS

(Apply for transfer to a CSU; bring transcripts of all schools attended)

Monday, October 4, 5 pm to 6:30 pm, EOPS Office (Lab room 207F)
Wednesday, October 13, 2 pm to 3:30 pm, EOPS Office (Lab room 207F)
Friday, October 22, 2:30 pm to 4 pm, EOPS Office (Lab room 207F)
Thursday, October 28, 9 pm to 10:30 pm, EOPS Office (Lab room 207F)
Monday, November 22, 11 pm to 12:30 pm, EOPS Office (Lab room 207F)
Tuesday, November 30, 2 pm to 3:30 pm, EOPS Office (Lab room 207F)
(Space is limited, so please sign-up in the EOPS office)
Presented by Mica Murillo, EOPS/CARE Counselor

ME FIRST

(Put your own needs first without feeling guilty)

Tuesday, October 19, 12:45 pm to 2:10 PM, SPS Conference Center
Presented by Patricia Martucci, Life Skills Center

CREATE BALANCE AND HARMONY IN YOU LIFE

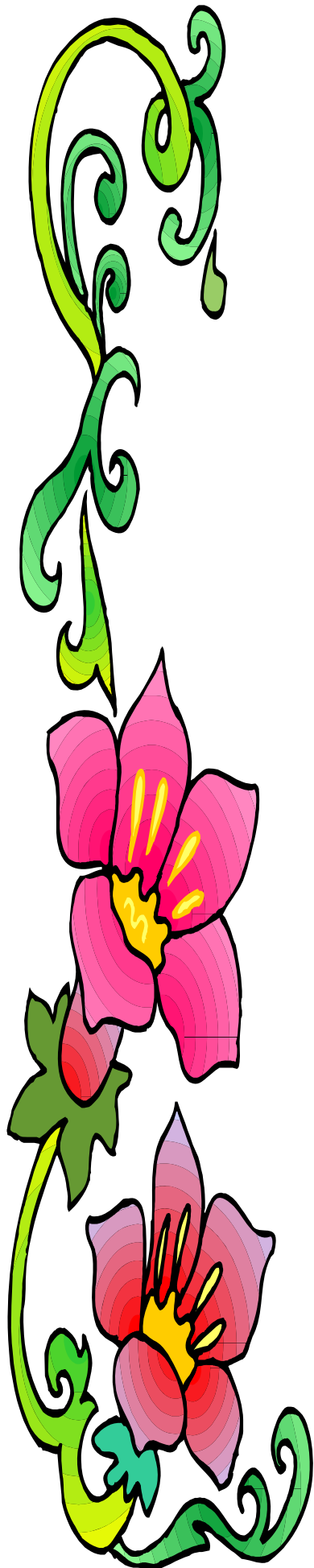
(Balance family, school, works, etc...)

Thursday, October 28, 12:45 pm to 2:10 pm, SPS Conference Center
Presented by Daniel Raker, Life Skills Center

UC APPLICATION WORKSHOP

(Apply for transfer to a UC; bring transcripts of all schools attended).

Monday, November 1, 5 pm to 6:30 pm, EOPS Office (Lab room 207F)
Friday, November 19, 9 am to 10:30 am, EOPS Office (Lab room 207F)
(Space is limited, so please sign-up in the EOPS office)
Presented by Mica Murillo, EOPS/CARE Counselor





UC APPLICATION PERSONAL STATEMENT

(Need help with your personal statement? Come get tips from the expert)

Wednesday, November 3, Time & Place TBA

Presented by Ben, UCLA Representative

STRESS MANAGEMENT

Wednesday, November 3, 12:45 pm to 2:10 pm, SPS Conference Center

Presented by Manny Sandoval, Life Skills Center

SINGLE PARENTING ISSUES

Tuesday, November 16, 12:45 pm to 2:10 pm, SPS Conference Center

Presented by Dr. Bonnie, Life Skills Center

COPING WITH HOMELESSNESS

Tuesday, November 22, 3:30 pm to 4:30 pm, SPS Conference Center

Presented by Dr. Azeb Bhutia

COLLEGE EVENTS AND CARE PROGRAM **ACTIVITIES**

TRANSFER FAIR

Wednesday, October 6, 9:30 am to 1 pm, NEA Quad

Sponsored by the Transfer Center

ITEP CAREER FAIR

Friday, October 15, 8:30 am to 11 am, New PE Building

Sponsored by the Job Placement Center

4TH ANNUAL CARE ADOPT A CHILD & STUDENT RECOGNITION EVENT

Monday, December 20, 12 noon to 2 pm, LAHC Cafeteria

IMPORTANT DATES!

Thursday, September 23, Last day to drop without a "W"

Thursday, November 18, Last day to drop with a "W"

(Check with admissions for drop dates on short term, late start, and PACE classes)

Monday, December 13 to Friday, December 17, Finals Week

November 19 (after last day to drop with a "W") CARE cash grants will be released to financial aid for processing. (To earn your fall 2010 cash grant, you should have completed 9 + units with 2.0 GPA in the spring 2010 semester, 3 contact appts and at least one workshop. (Make an appt with Mica to find out whether or not you are eligible to receive a cash grant).

*CARE has a Facebook page; to check it out go to

<http://www.lahc.edu/student-services/eops/carecorner.html> and click on

CARE ON FACEBOOK

*JOIN THE EOPS CLUB, MEETINGS ARE EVERY FRIDAY, 1 TO 2 IN NEA