

Los Angeles Harbor College

Life Skills Center

Drug & Alcohol - Definitions, Policies, Resources & Prevention

(Revised 10/27/16)

Drug Laws: Violations of laws relating to the unlawful possession, sale, use, growing, manufacturing, and making of narcotic drugs. The relevant substances include: opium or cocaine and their derivatives (Morphine, Heroin, Codeine); marijuana; synthetic narcotics (Demerol, Methadone); and dangerous non-narcotic drugs (barbiturates, Benzedrine).

Liquor Laws: The violation of laws prohibiting the manufacture, sale, purchase, transportation, possession, or use of alcoholic beverages. Driving under the influence and drunkenness violations are excluded.

Disciplinary Referral: The referral of any person to any campus official who initiates a disciplinary action of which a record is kept and which may result in the imposition of a sanction. If both an arrest and disciplinary referral are made, only the arrest is counted.

POLICY REGARDING POSSESSION, USE, AND SALE OF ALCOHOLIC BEVERAGES AND ILLICIT DRUGS

The LACCD is committed to drug-free and alcohol-free campuses. Students and employees are prohibited from unlawfully possessing, using or distributing illicit drugs and alcohol on District premises, in District vehicles, or as part of any activity of the District or colleges of the District. LACCD Board Rule 9803.19 prohibits the following:

Alcohol and Drugs

Any possession of controlled substances which would constitute a violation of Health and Safety Code section 11350 or Business and Professions Code section 4230, any use of controlled substances the possession of which are prohibited by the same, or any possession or use of alcoholic beverages while on any property owned or used by the District or colleges of the District or while participating in any District or college-sponsored function or field trip.

"Controlled substances," as used in this section, include but are not limited to the following drugs and narcotics: (a) opiates, opium and opium derivatives; (b) mescaline; (c) hallucinogenic substances; (d) peyote; (e) marijuana; (f) stimulants and depressants; (g) cocaine." Penalties Federal and state laws regarding alcohol and illicit drugs allow for fines and/or imprisonment.

Other legal sanctions include the loss of one's driver's license and limitations of career choices. A summary of federal penalties for drug related offenses is available at:

<http://www.justice.gov/dea/druginfo/ftp3.shtml>

The federal Controlled Substances Act is available at:

<http://www.deadiversion.usdoj.gov/21cfr/21usc/index.html>

In addition to criminal prosecution, violators are also subject to disciplinary action by LACCD. Student discipline actions may include the following: warning, reprimand, disciplinary probation, suspension, and/or expulsion. Employee discipline actions may include the following: warning, reprimand, disciplinary probation, suspension, and job termination

Health Risks

Health risks associated with the abuse of controlled substances include malnutrition, damage to various organs, hangovers, blackouts, general fatigue, impaired learning, dependency, disability and death. Both drugs and alcohol may be damaging to the development of an unborn fetus. Personal problems include diminished self-esteem, depression, alienation from reality, and suicide. Social problems include alienation from and abuse of family members, chronic conflict with authority, and loss of friends, academic standing, and/or co- and extra-curricular opportunities. A description of various drugs and their effects is available at:

<http://www.justice.gov/dea/druginfo/factsheets.shtml>

Drug and Alcohol Prevention Programs

The Harbor College Alcohol and Drug Abuse Prevention (ADAP) Program seeks to support students, faculty, and staff in creating and maintaining a campus environment that encourages and supports healthy lifestyles, preventing the misuse or abuse of alcohol, tobacco and other drugs. The ADAP Program provides the

following services to the LAHC community: presentations, instruction, interventions, referrals, and tobacco cessation. The ADAP resource center is staffed by Dr. Bonnie Burstein and Amaryllis Hall and is available to students, faculty, and staff. The resource center offers both print and non-print materials for check-out. The ADAP campus locations are as follows: Life Skills Center Café 110, 310-233- 4586, Counseling Center Student Services Administration Building 310-233-4299, Special Programs and Services Café 108, 310-233-4620 or 233-4628. For Students with hearing impairments, please use our TTY line at 1-800-735-2929.

Resources for Counseling, Treatment and Rehabilitation

The following counseling, treatment, and rehabilitation resources are available for the treatment of alcohol and drug dependence and abuse:

Los Angeles Community College District Employee Assistance Program (EAP)

<http://www.laccd.edu/Departments/HumanResources/Total-Wellness-Program/Pages/HRARFLbenefits.aspx> (800) 342-8111

National Council on Alcoholism and Drug Dependence www.ncadd.org (800)

NCA-CALL California Department of Health Care Services

<http://www.dhcs.ca.gov/individuals/Pages/SUD-Services.aspx> (800) 879-2772

Los Angeles County Public Health, Substance Abuse Prevention and Control

<http://publichealth.lacounty.gov/sapc/> (800) 564-6600

Alcoholics Anonymous www.aa.org (800) 923-8722

Cocaine Anonymous www.ca.org 310-559-5833

Marijuana Anonymous www.marijuana-anonymous.org (800) 766-6779

Narcotics Anonymous www.na.org (800) 863-2962

Families Anonymous www.familiesanonymous.org (800) 736-9805.