OVERVIEW: This Unit deals with the health care of the toddler and preschool child which includes the integration of biological growth and psychosocial development. You will be learning to deal with the child's (and family's) adaptation to illness and hospitalization. You also will be learning how you, the nurse, can promote optimal development during the period of early childhood, through anticipatory guidance in the areas of nutrition, accident prevention and specific parental concerns. In addition to health care maintenance in early childhood, this Unit focuses on health problems of those age groups. The conceptual concepts of the Roy Adaptation model and the nursing process will be integrated in the development of nursing care plans.

Estimated time of achievement: one and a half weeks.

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Course Content</th>
<th>Learning Activities</th>
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<tbody>
<tr>
<td>After appropriate study of the assigned resources, the nursing student will be able to:</td>
<td>Review Psych 41 &amp; Chapters for all G&amp;D</td>
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<tr>
<td>1. Establish and demonstrate a theory base for understanding and implementing care for a toddler and/or preschooler</td>
<td>Review Psych 41 &amp; Chapters for all G&amp;D</td>
<td>Wong pgs 379-385</td>
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<td>2. Appraise major safety concerns for the toddler and preschool aged child</td>
<td>Review Psych 41 &amp; Chapters for all G&amp;D</td>
<td>Wong pgs 396-403</td>
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<td>3. Relate the stages of development for a toddler &amp; preschooler and adaptive / ineffective behaviors.</td>
<td>Erikson's developmental theory</td>
<td>Psych 41, appropriate Chapters</td>
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<td>Piaget's developmental theory</td>
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<td>4. Relate stages of cognitive development and the adaptive /ineffective behaviors of a toddler and preschooler</td>
<td>Student On-line Resources</td>
<td><a href="http://www.elsevier.evolve.com">www.elsevier.evolve.com</a></td>
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<td><a href="http://www.kaplan.com">www.kaplan.com</a></td>
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<td>5.</td>
<td>Assess normal growth &amp; development milestones to also include the following patient concerns-</td>
<td><strong>Toilet training</strong>&lt;br&gt;<strong>Discipline, tantrums</strong>&lt;br&gt;<strong>Car safety</strong>&lt;br&gt;<strong>separation</strong>&lt;br&gt;<strong>loss of control</strong>&lt;br&gt;<strong>fear of pain and bodily injury</strong>&lt;br&gt;</td>
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<td>6.</td>
<td>Relate adaptive/ineffective behaviors of the hospitalized toddler &amp; preschooler</td>
<td>Wong pgs 390-392&lt;br&gt;Wong: appropriate sections of Ch 4</td>
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<td>7.</td>
<td>Review and describe normal nutrition and eating practices for the toddler/preschool aged child</td>
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<td>8.</td>
<td>Appraise the social, cultural, and religious influences on the child’s health promotion</td>
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<td>9.</td>
<td>Relate the adaptive/effective behaviors of a child with a life threatening illness/injury and identifying the response of the child/family</td>
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<td>10.</td>
<td>Analyze data to identify adaptive/ineffective behaviors in relation to physiological and psychosocial needs</td>
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<td>11.</td>
<td>Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Oxygenation mode, including the following conditions: <strong>Laryngotraceobronchitis ; Epiglottitis ; Cystic Fibrosis ; Rheumatic Fever</strong></td>
<td>Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Oxygenation mode:&lt;br&gt;<strong>Pathophysiology</strong>&lt;br&gt;<strong>Clinical manifestations</strong>&lt;br&gt;<strong>Laboratory/diagnostic data</strong>&lt;br&gt;Wong pgs 720-723&lt;br&gt;Wong pgs 747-754&lt;br&gt;Wong pgs 849-850</td>
</tr>
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12. Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Nutrition mode, including the following conditions:

- Ingestions of acetaminophen; corrosives; Hydrocarbons; Lead

Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Nutrition mode:

- Nursing diagnosis
- Treatment modalities
- Nursing interventions
- Patient teaching

13. Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Elimination mode, including the following conditions:

- Urinary Tract Infections (UTI); VUR, Nephrotic Syndrome; Acute Glomerulonephritis (AGN); Wilm’s Tumor

Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Elimination mode:

- Pathophysiology
- Clinical manifestations
- Laboratory/diagnostic data
- Nursing diagnosis
- Treatment modalities
- Nursing interventions
- Patient teaching

Wong pgs 436-445

Wong pgs 904-919
| 14. | Describe **immunization** requirements during early childhood. | • Contraindications  
• Precautions  
• Administration routes  
• Patient teaching | Wong pgs 330-344  
www.CDC.gov |
| 15. | Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Activity and Rest mode, including the following conditions: **Ostogenic Imperfecta; Muscular Dystrophy** | Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Activity and Rest mode:  
• Pathophysiology  
• Clinical manifestations  
• Laboratory/diagnostic data  
• Nursing diagnosis  
• Treatment modalities  
• Nursing interventions  
• Patient teaching | Wong pgs 1073-1074, 1106-1109 |
| 16. | Describe the selected skin lesions in relation to childhood infectious diseases. | • Macule, Patch  
• Papule, Wheal  
• Nodule, Tumor  
• Vesicle, Pustule, Bulla | Wong pgs 1010-1011 |
| 17. | Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Regulation mode, including the following conditions: **Infectious Diseases - Varicella (Chicken pox); Rubeola (Measles); Mumps; Scarlet** | Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Regulation mode:  
• Pathophysiology  
• Clinical manifestations  
• Laboratory/diagnostic data  
• Nursing diagnosis  
• Treatment modalities | Wong pgs 423-432 |
Fever; Rubella (German Measles); Erythema Infectiosum (Fifth's Disease); Bacterial & Aseptic (Viral) Meningitis; Otitis Media (AOM & OME); Acute Lymphoid Leukemia (ALL)

18. Utilize the nursing process in describing the nursing responsibilities for the care of a toddler/preschooler who is experiencing maladaptation of the Self Concept mode, including the following conditions:
   **Child Abuse (physical abuse; sexual abuse; emotional abuse; neglect; Munchausen by Proxy)**

19. Describe the legal responsibilities of the nurse in reporting child abuse

| Nursing interventions   | Patient teaching   | Wong pgs 950-954
|-------------------------|-------------------|---------------------
|                         |                   | Wong pgs 717-715    
|                         |                   | Wong pgs 888-892    

Describe the following for the selected disease processes of a toddler/preschooler who is experiencing maladaptation of the Self Concept mode:
- Pathophysiology
- Clinical manifestations
- Laboratory/diagnostic data
- Nursing diagnosis
- Treatment modalities
- Nursing interventions
- Patient teaching

Wong pgs 445-454