

Los Angeles Harbor College
 Associate Degree Nursing Program
 N345 Care of the Adult III
 Clinical Practicum Evaluation Sheet
Catheter Insertion Male

Student _____

Date _____

Instructor _____

Score **P / F**

Procedure	S	U	Comments
1. Review patient's medical record and MD orders.*			
2. Introduce self. Hand hygiene and identify patients using 2 identifiers.* Assess patient's knowledge of purpose for cauterization. Explain procedure to patient. Provide privacy.			
3. Apply barrier gloves, position patient with waterproof pad underneath. Assess patient's general status and for distended bladder. Inspect perineal area. Determine conditions that may impair passage of catheter. .			
4. Cleanse and dry perineal area using clean technique. Locate urinary meatus (retracting foreskin prn). Remove barrier gloves and perform hand hygiene.*			
5. Open catheter kit while maintaining sterile asepsis*.			
6. Allow top edge of drape to form cuff over both hands. Place drape down on bed between patient's thighs. Slip cuff edge just under buttocks, taking care not to touch contaminated surface with gloves.* Open catheter and place on field aseptically.*			
7. Apply sterile gloves.*			
8. Placed sterile tray in easily assessable place (e.g. between thighs). Organize supplies on sterile field.* Pick up fenestrated sterile drape and allow it to unfold without touching a non sterile object.			
9. Apply lubricant to catheter tip.			
10. If patient not circumcised, retract foreskin with nondominant hand. * Grasp penis at shaft just below glans. Retract urethral meatus between thumb and forefinger. Maintain nondominant hand in this position.			
11. Handle catheter properly maintaining sterility *			

Los Angeles Harbor College
 Associate Degree Nursing Program
 N345 Care of the Adult III
 Clinical Practicum Evaluation Sheet
Catheter Insertion Male

12. Using forceps and cleansing agent clean penis. Move in circular motion from urethral meatus down to base of glans. Repeat cleansing three more times, using a clean cotton ball each time.			
13. Lift penis to position perpendicular to patient's body and apply light traction. Ask patient to bear down as if to void and slowly insert catheter through urethral meatus or until urine flows out catheter end. If resistance is felt, withdraw catheter; Do Not force through urethra.			
14. When urine appears, advance catheter 1-2inches more. Lower penis and hold catheter securely in non dominant hand. Do Not force against resistance.			
15. Allow bladder to empty full, collect specimen prn, and remove catheter.			
16. Reposition the foreskin, if necessary.*			
17. Assist patient to comfortable position. Wash and dry perineal area as needed. Dispose of equipment properly.			
18. Remove gloves and perform hand hygiene.*			
19. Assess for patient comfort. Observe for character and amount of urine. Identify unexpected outcomes.			
20. Report and record pertinent data: catheter description, assessment of urine, specimen collection, and patient's response to procedure. Record I & O.			

* Critical Element

References: Castaldi, P. A. (2005). Skills performance check lists to accompany clinical nursing skills & techniques. Elsevier Mosby, St. Louis, MO