



Upcoming Dates to Remember:

ATI fees for 2nd semester students (\$90): The absolute last day to pay is May 5th. If you do not pay by this date, you will be ineligible to take the ATI exam and progress to the next course.

Next Student Forum and Student Council: April 26, 2010 in the Nursing Pit. Attendance is mandatory.

The 4th semester sweatshirt/t-shirt/tote-bag fundraiser continues.....If you are interested please print, fill out and submit the form and payment to any 4th semester student council representative. The deadline date to submit has been extended to **Friday, April 30th, 2010**. For those that do not have access to a printer, we will have some forms available in the NLL area.

[For the Order form click here](#)

Walking with the Faculty..... Join the faculty for some exercise and distressing on the LAHC track every Mon. and Wed, starting April 19th, at 4:30pm



Letter from the Director

Dear Students,

First of all, welcome back from spring break. I hope you had a chance to relax and unwind during the week. It is hard to believe that we have only 8 more weeks of school remaining! Summer, graduation, and Pinning are around the corner....

A while ago (long before your time), a student was noted driving recklessly and dangerously through the school parking lots on more than one occasion ; people began to become concerned because of safety issues. In time, the campus Sheriff caught the student and it was discovered that the student was in the nursing program. The Sheriff made it a point to come and speak to the entire nursing student body about this incident. He told them how disappointed he was that the perpetrator turned out to be a nursing student. He also told them that whether they agreed with it or not, nursing students (and future nurses in the nursing profession), are held to a higher standard by others in society. You see, society in general, views nurses as honest, reliable, accountable, responsible, conscientious, respectable, and law-abiding citizens.

I totally agree with what the Sheriff said. We are held to a higher standard, whether we like it or not. Therefore, our appearance, behaviors, attitudes, words, and actions matter. People are watching how we behave, what we say, and how we handle situations, both good and bad. It comes with the territory, so to speak.

Do you think that reckless driving represents our profession well? How about overindulging on alcohol? How about cheating and plagiarism? Or wearing jeans to a clinical assignment or job interview? I hope not!

So let me ask you: how are you representing our nursing profession today? Would people say that you have integrity, and are honest, responsible, and reliable? Are you accountable for your actions? Do you look professional? What would your professors or patients and their families say about your professionalism?

Please know that you have chosen a very honored profession and that people will be watching you. That's not a bad thing, but something you should definitely realize and accept. So, please do your best to uphold this standard of professionalism every day, both on the job and off.

As always, I welcome any comments or questions you may have.

Sincerely,

Mrs. Yamakawa



Would you like to contribute an article or an announcement to the article? If this interests you please submit any contributions to ishikajt@lahc.edu and we will consider all relevant submissions for the next issue

Profile on our Pediatrics and Preceptor Nursing Instructor



Name
Kathy Cleland

Education
MSN, PNP -CSULB
BSN - CSULB

Years at LA Harbor College
28 years

What do I like best about being the PEDS nursing instructor?

I like being the PEDS instructor especially at Harbor UCLA because the students and I get to see many unusual and exciting cases. It is a great experience that allows students to practice many procedures. It provides a challenge for all involved.

Hobbies

Golfing, camping and sitting on the banks of a lake reading a book and watching my husband fish.

Advice to students

Stay positive.

Continually acquire the education and experiences as you progress through school and your career.

Career prospects in all fields, including nursing may seem bleak right now but you have all chosen a wonderfully rewarding vocational path that will eventually meet all of your expectations and provide many career opportunities.

Nursing Students Out and About:

Career Day

Career Day will take place on Wednesday, April 21, from 11 am to 2 pm in the Nursing building. Career Day is coordinated by the 4th semester students. They invite various organizations and agencies to come and share career and academic opportunities that are currently available. All students are invited to attend!!

Wellness Day

Thank you to these first semester students who took blood pressures for the LAHC community at Wellness Day on March 25: Sarah Ziselman, Haley Smith, Michelle Rodriguez, Elenice Escobar, Kim Leonardo, Mia Ciketic, Jairon Balon, Yoo Kim. They received special acknowledgement at the recent LACCD Board of Trustees meeting.

L.A. Marathon



A new course through Los Angeles, from Dodger Stadium to beautiful Santa Monica, was the setting for the 2010 LA Marathon, held on March 21, 2010. Los Angeles Harbor College faculty, A. Smith, and 11 students volunteered to help at one of the medical tents (Mile Marker #10). Also present were our physician, Dr. Kelly, P.A.s, and paramedics.

Volunteers included 4th semester students: Vanessa Barba, Kim Colby, Nicole Darbin, Evie Vassiliou, Yesenia Aluizo, Jennifer Tran, Lisa Balesteri, Regimae Balon and Alicia Rodriguez (with daughter Chloe as our mascot). Volunteers also included 1st semester students Tiffany Williams and Finella Santos.

The students put their technical and communication skills to excellent use. They helped over 100 Marathon runners with a variety of First Aid needs, and helped send them on their way to hopefully finish their goal. Students were very enthusiastic about this event and are eager to return for the LA Marathon 2011!

Free Practice NCLEX-RN

The NCLEX-RN just recently changed its format.

On April 24th the Westwood Kaplan center will be hosting a FREE practice test to introduce nursing students to NCLEX style questions.

THE 4TH SEMESTER YARD SALE AT THE LAHC SWAP MEET

**WHEN: MAY
16TH FROM
8:00AM TO
3:00PM**

**WHERE: A
BOOTH IN THE
LAHC PARKING
LOT.**

**THIS
FUNDRAISER
WILL SUPPORT
GRADUATION
ACTIVITIES FOR
THE SPRING
2010
GRADUATING
CLASS.**



Sim Man says...

"The best way to prevent infection is to wash your hands".

Here are some videos to remind you of the importance.

[Happy Birthday Hand Washing Video](#)

["Wash Your Hands" Hygiene PSA](#)



Frequently Asked Questions and Answers Regarding Prior Convictions and Disciplinary Action

The Board of Registered Nursing (BRN) receives numerous questions from applicants regarding prior convictions. Following are the most frequently asked questions to assist applicants. Please refer to the license application instructions for a complete description of reporting requirements. This information is from:

<http://www.rn.ca.gov/enforcement/convictions.shtml#disc1>

Click on the questions to see the answer.

- [1. Do you have to report an arrest if you were not convicted?](#)
- [2. Do you have to report traffic violations and/or automobile accidents?](#)
- [3. What happens if you can't obtain certified court documents and police reports on convictions?](#)
- [4. Do you have to report non-payment of child support?](#)
- [5. Do you have to report a conviction that was expunged \(i.e., conviction was stricken or deleted from official records\)?](#)
- [6. What happens if you fail to disclose all or part of your convictions?](#)
- [7. Do you have to report misdemeanors, felonies and/or convictions which you pled nolo contendere?](#)
- [8. Do you have to report convictions if you were under 18 years old and tried as an adult?](#)
- [9. Do you have to report military convictions or dishonorable discharge?](#)
- [10. How does the Board determine which violations are substantially related to the applicant's license?](#)
- [11. How does the Board determine satisfactory rehabilitation of an "applicant for licensure" or licensee?](#)
- [12. What does the Board look for on the Department of Justice \(DOJ\) and/or Federal Bureau of Investigation \(FBI\) reports?](#)
- [13. How can you get a copy of your RAP sheet \(i.e., criminal record report\)?](#)
- [14. How long does a conviction stay on your RAP sheet?](#)