



Thank you to those who submitted suggestions for the name of our monthly student newsletter.

The faculty has chosen to name the newsletter LAHC Nursing: The Heartbeat

Congratulations to **Rachel Germono**, 3rd semester, for submitting the winning title!!

Just a reminder... Make sure that all of your health packet requirements are up to date before returning in the spring. You must have a yearly TB test, current malpractice insurance and American Heart Association health-care provider BCLS certification, and all titre/immunization records. Also, you must have a yearly influenza vaccine, and if you are going into pediatrics, you must have the H1N1 influenza vaccination. Take advantage of your time off to make sure your health packet is complete and up to date. This will ensure a smooth start for the spring semester!!

News from the Director

Dear Students,

December has been a busy month here in the Nursing division. You have been busy winding down in theory and clinical coursework and preparing for final examinations. The faculty has been busy too, not only with course and clinical work, but also preparing for our Continuing Approval visit by the Board of Registered Nursing (BRN).

As you know, three Nursing Education Consultants from the BRN visited our program on December 7 and 8th. They were here to ensure that our nursing program meets all administrative regulations required of pre-licensure nursing programs. They spent time observing classroom activities; visiting clinical sites; meeting with students, faculty, administrators, and counselors; examining the sufficiency of program resources (e.g., campus library, skills laboratory, Simulation laboratory, etc); and reviewing required Exhibits of the program's curriculum, evaluation plan, and other documents.

At the end of the visit, the Consultants shared their findings with the nursing faculty. They said that the LAHC nursing program remains very strong and that we have enthusiastic students, adequate resources, good faculty, and strong community support. They will forward their findings to the Nursing Education and Licensing Committee, who will make the final decision to approve or disapprove our nursing program. The next meeting of the committee will take place in March, 2010 and I am required to be there as the program Director. Since the BRN meetings are now web-cast, you may have the opportunity to see this approval process! We can look into this as the time draws closer.

I am delighted over the outcome of the BRN visit and am very proud of our nursing program. However, I am not implying that we have the perfect program and I know there are many areas for improvement. One of the things we have identified is ensuring consistency among all instructors within each semester. I invite you to be part of the process in evaluating our program and making suggestions for improvement. There are many avenues for this: Student Forum, Student Council, and participation in the Curriculum and Evaluation committees. Alternately, you can stop by my office and see me.

In closing, I would like to wish you the very best as we end this semester and move into the new year. Enjoy your time off and get some much needed rest and relaxation. I look forward to seeing you in the spring semester.

Sincerely,
Mrs. Yamakawa
Director

**Congratulations to our Fall 2009 Graduates!!!
We wish you well in your future endeavors.**

NLN Accreditation Visit on February 17, 18, and 19th

The NLN (National League of Nursing) will be coming for an accreditation visit on February 17, 18, and 19th. Why are we having so many visits? The Continuing Approval visit by the Board of Registered Nursing (BRN) was to ensure that we are meeting all requirements for pre-licensure programs for the state of California. All pre-licensure programs in the state must be approved by the BRN. NLN Accreditation is a voluntary accreditation and is a mark of excellence recognized by the US Department of Education. Also, research has shown that graduates of NLNAC programs outperform other graduates on licensure examinations and that the focus on curriculum, faculty, and student outcomes results in graduation rates that far exceed the national average.

Sim Man says...

Remember to always use **SBAR** when communicating with other healthcare professionals

Profile on our Sim Lab Coordinator



Name
Brad Brown

Education
ADN: LAHC Nursing Program
BSN: University of Phoenix

Years at LA Harbor College

4.5 years as Sim lab coordinator and clinical faculty.

What do I like best about being the Sim Lab Coordinator?

I like interacting with the students and helping them develop and refine their critical thinking and clinical decision making skills and I get play with dolls.

Hobbies

Sports and spending time with my grandchildren

Advice to students

Assess..assess..assess

Notes from the NLL:

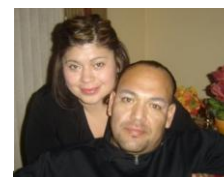
All materials checked out from the NLL must be returned by Dec. 17th at 3pm.

LAHC Nursing Winter Intersession Calendar

NOTE: *Nursing Building will be open for in building book and AV use Jan. 5th- Feb. 5th Mon-Thur. 10am-2pm.*

| Mon | Tue | Wed | Thu | Fri |
|------------------------------|---|--|---|--|
| Jan 11 | Jan 12 Fourth sem. Skills review 9-12 & 13-16 | Jan 13 Fourth sem. Skills review 9-12 & 13-16 | Jan 14 Fourth sem. Skills review 9-12 & 13-16 | Jan 15 |
| Jan 18 | Jan 19 First Semester Orientation 8-14 tentative | Jan 20 Fourth sem. Practicum 9-13:30 | Jan 21 | Jan 22 |
| Jan 25 | Jan 26 Anat. & Physio Review 8-14 (incoming 1 st semester students) | Jan 27 Fourth sem. Skills remediation | Jan 28 Anat. & Physio Review 8-14(incoming 1 st semester students) Fourth sem. Skills remediation | Jan 29 |
| Feb 1 | Feb 2 Fourth sem. Practicum retest | Feb 3 Fourth sem. Practicum retest | Feb 4 4th sem. Psych and Adv. Med Surg Review | Feb 5 Dosage Calc. Review 9-14 this review is appropriate for nursing students at any level |
| Feb 8 First Day of School | Feb 9 | Feb 10 | Feb 11 | Feb 12 |

Attending classes and clinic, reading your textbook, and studying for hours on end.... As a LAHC nursing student you know you are learning a lot but rarely do you get to show how much... Read the article below to see how one student was able to apply what she has learned in the program.



Tell us what happened: I was coming home from clinic at around 6pm with my son when I drove by a car that was stopped in the middle of the street. I pulled to the side of the road like all of the other cars and noticed a guy lying on the street. Since the guy was exposed to oncoming traffic, I parked my car in front of him so he would be safe from getting run over. I put on my hazard lights so that both the guy and I would be safe. I then went to assess the injured person. First, I asked a bystander to call 911. Then, I assessed his airway and pulse. His airway was clear and he had a strong pulse. Since his pulse was strong, I kept him where he was and asked him not to move. He had trauma to his face and a laceration above his right ear. The whole time, I continued to monitor his breathing and pulse. He was Hispanic and spoke little English so I was glad that I was there to comfort him in his native language. I continued to speak to him in Spanish, reminding him to keep breathing and to stay calm. When the fire department and paramedics finally arrived, I was able to give them a full report of the situation and within a few minutes, they had the injured person on the way to hospital.

How did you feel?: I felt very comfortable considering the situation. I felt confident and prepared to handle the situation the best that I could. The things that kept running through my mind were; safety, the ABCs, and comforting the guy and others who were around. I felt as if everything went smoothly and he was able to get treatment right away .

How did your nursing education prepare you to handle this situation?: The program prepared me to think and act on my feet. I was able to recall everything I had learned in regards to the situation. Most importantly, I was able to think critically. I would have to say the highlight of the situation was when I got back into my car and my son said, "You were awesome, Mom."

Would you like to contribute an article or an announcement to the article? If this interests you please submit any contributions to ishikajt@lahc.edu and we will consider all relevant submissions for the next issue.

