Fill in this application completely
Bring a photo!!

Any questions? Contact Coach Joy: 323-252-8344
LA Harbor College
Cheerleader Agreement

I, ___________________________ have read the LA Harbor College Cheerleading Team rules and regulations and understand the requirements, expenses, and consequences of improper actions. I understand the following:

- The Coach/Coordinator has the final say in my participation on the team.
- This is a team effort and I may be called upon to help in some ways throughout the year/season which are within my capacity, and will make every effort to do my share of assisting in the team’s success.
- I am required to aid in transporting cheerleaders if possible.
- I am required to pay the budget presented to me in order to participate.

I have received a copy of the Rules and Regulations of the LA HARBOR COLLEGE Cheerleading Team and have fully read and understand the requirements, and consequences of improper actions. I understand what is expected of me to remain a member in good standing as a member of the team. I will keep myself knowledgeable and informed of all rules, and events, and realize the consequences for poor behavior or inappropriate actions may be severe. I will also do all I can to respect my teammates, coach, school and all persons associated with LA Harbor College at all times.

I understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head.

By signing below, I have read and understand the rules and regulations associated with cheering for LAHC. I also understand the risks involved in cheerleading and will not hold LA Harbor College or any of its personnel responsible in the case of accident or injury at any time.

Signed ____________________________________________________

Date___________________________
LA Harbor City College
Cheerleading Application

**PLEASE FILL IN ALL INFORMATION COMPLETELY!!**

Name: ___________________________________________________________  Nickname: ___________________

Local Address: ______________________________________________________________________________________

City: _______________________________ Zip: __________________

Home Phone Number: _______________________________ Cell Phone: _________________________________

Class Standing: ________________________ Units Next Semester: __________ GPA: __________

E-mail: _________________________________________ AIM: _________________________

Height: _______ Weight: ________ Age: ________ Major: _________________________________

*Please note that no height, weight or age requirements exist. Knowing the above information helps to assess the overall make-up of the squad.

Any Previous Injuries: ___________________________________________ Allergies: _________________________

Name of Parent or Guardian: ___________________________________________

Permanent Address (put ‘same’ to denote identical address as above)

Address: ______________________________________________________________________________________

City: __________________________________ State:__________ Zip: _____________________

EMERGENCY CONTACT INFORMATION:

Primary Contact Name: _________________________________ Relationship: _________________

Address: ______________________________________________________________________________________

City: _______________________________ State: _____ Zip: _________________

Home Phone: ___________________________ Cell Phone: ____________________________

Work Phone: __________________________ Email: ____________________________

**For your secondary emergency contact, please list someone other parent/guardian.

Secondary Contact Name: ___________________________ Relationship: __________________

Address: ______________________________________________________________________________________

City: __________________________________ State: __________ Zip: _________________

Home Phone: ___________________________ Cell Phone: ____________________________

Work Phone: __________________________________
Do you have a job? ( ) yes ( ) no

Work experience: ________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Do you drive? ( ) yes ( ) no       Do you have a reliable car? ( ) yes ( ) no

How is your time management? ( ) poor ( ) needs work ( ) it’s ok ( ) good

Gymnastics ability:
  Standing back handspring: ( ) yes ( ) no ( ) with spot
  Series of back handsprings: ( ) yes ( ) no ( ) with spot
  Standing back tuck: ( ) yes ( ) no ( ) with spot
  Layout back flip: ( ) yes ( ) no ( ) with spot
  Full twists: ( ) yes ( ) no ( ) with spot

  Other: ________________________________________________________________

Have you been a (check all that applies): ( ) base ( ) flyer ( ) back-spot ( ) front-spot

Have you ever been a leader of a club, team, organization, etc? ( ) yes ( ) no
If yes, what: ________________________________________________________________
______________________________________________________________________________

What are your most advanced stunts: __________________________________________________
______________________________________________________________________________

Dance experience: ________________________________________________________________
______________________________________________________________________________

Other talents (Athletic, Dancing, Singing, Musical): __________________________________________________
______________________________________________________________________________

Scholastic, school, and community honors you have received: ____________________________
______________________________________________________________________________

Why do you want to be a Harbor College Cheerleader? What important qualities do you possess
that would benefit the squad? ______________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________