

LGBTQ/A+ Resource Guide



Local Resources

LGBTQ Center of Long Beach

https://www.centerlb.org/

Los Angeles LGBT Center

https://lalgbtcenter.org/

South Bay LGBTQ Center

https://southbaycenter.wixsite.com/southbaylgbtcenter

Bienestar

https://www.bienestar.org/

API Equality LA

https://www.apiequalityla.org/

On-Campus LGBT Centers

https://www.lgbtcampus.org/find-an-lgbtq-campus-center

Coming Out

Trevor Project Handbook

https://www.thetrevorproject.org/wp-content/uploads/2019/10/Coming-Out-Handbook.pdf

Coming out as Bisexual

https://www.hrc.org/resources/resource-guide-to-coming-out-as-bisexual

Coming out as Transgender or Non-Binary

https://www.hrc.org/resources/coming-out-living-authentically-as-transgender-or-non-binary

Coming out as a Latinx LGBTQ Person

<u>https://www.hrc.org/resources/coming-out-living-authentically-as-lgbtq-latinx-americans</u>

Coming out as a Black LGBTQ Person

https://www.hrc.org/resources/coming-out-living-authentically-as-black-lgbtq-people

Coming out as an Asian Pacific American LGBTQ Person

https://www.hrc.org/resources/coming-out-living-authentically-as-lgbtq-asian-and-pacific-islander-america

Transgender Resources

Trans Lifeline

https://translifeline.org/

LGBTQ Center of Long Beach

https://www.centerlb.org/transhealth/

Los Angeles LGBT Center

https://lalgbtcenter.org/health-services/medical-services/transgender-health-program

Transgender Law Center

https://transgenderlawcenter.org/

Trans Latina Coalition

https://www.translatinacoalition.org/

Los Angeles Gender Center

https://www.lagendercenter.org/services-and-programs

Brown Boi Project

http://www.brownboiproject.org/

Transforming Families

https://www.transformingfamily.org/

Intersex Resources

Intersex 101

https://everydayfeminism.com/2014/05/intersex-101/ https://www.plannedparenthood.org/learn/genderidentity/sex-gender-identity/whats-intersex

Intersex Campaign for Equality

https://www.intersexequality.com/

Intersex Society of North America

https://isna.org/

Asexual Resources

Trevor Project Definition and Information

https://www.thetrevorproject.org/trvr support center/asexu
al/

Campus Pride Asexual Resource Guide

<u>https://www.campuspride.org/resources/introduction-to-asexual-identities-resource-guide/</u>

The Asexual Visibility & Education Network

https://www.asexuality.org/?q=overview.html

Health Services

LAHC Student Health Center

https://effectiveness.lahc.edu/student_services/shc/SitePages/Home.as
px

LGBTQ Center of Long Beach

https://www.centerlb.org/healthservices/

Los Angeles LGBT Center

https://lalgbtcenter.org/health-services

Bienestar

https://www.bienestar.org/health-services/

South Bay Family Healthcare

https://www.sbfhc.org/

Know Your Rights

LGBTQ Rights

https://www.aclu.org/know-your-rights/lgbtq-rights/

LGBTQ Rights for Students

https://www.aclu.org/other/know-your-rights-lgbtq-students

Trans and Gender Nonconforming Students

https://www.aclu.org/other/know-your-rights-guide-trans-and-gender-nonconforming-students

Scholarships

Point Foundation

https://pointfoundation.org/

Best Colleges Database

https://www.bestcolleges.com/financial-aid/lgbtq-scholarships/

Human Rights Campaign Database

https://www.hrc.org/resources/scholarships

College Scholarships Database

http://www.collegescholarships.org/scholarships/lgbt-students.htm

Scholarships.com

https://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-type/scholarships-for-gay-or-lesbian-students/

Resources for Parents of LGBTQIA+ Youth

Our Daughters and Sons: Questions and Answers for Parents of Lesbian, Gay, Bisexual, and Transgender Youth and Adults (PFLAG)

<u>https://pflag.org/sites/default/files/OUR%20CHILDREN_PFLAGNational_FINAL.pdf</u>

Supporting Your LGBTQ Youth: A Guide for Foster Parents

https://www.childwelfare.gov/pubPDFs/LGBTQyouth.pdf

Helping Families to Support Their LGBT children

https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBT https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBT ChildrenGuidance.pdf

Ally Resources

Supporting Someone Coming Out to You

https://ayr1as72agcddsn3cyd41uu9-wpengine.netdna-ssl.com/wp-content/uploads/2018/09/Coming-Out-Handout.pdf

Coming Out as a Straight Supporter

https://assets2.hrc.org/files/assets/resources/Supporter Guide April 2014.pdf

LGBTQIA Ally Tips

https://lgbtqia.ucdavis.edu/educated/ally-tips

Starting a GSA at LAHC

Are you interested in starting a Gender Sexuality Alliance Club at LAHC? Here are some resources to help!

GSA Network Resource Packet

https://gsanetwork.org/wp-content/uploads/2018/08/2019-Annual-Resource.pdf

GSA Advisor Handbook

https://gsanetwork.org/resources/advisor-handbook/

LAHC Policies for Starting a Club

https://effectiveness.lahc.edu/student_services/ASO/SitePages/forms.aspx

Staff and Faculty Resources

LGBTQ Glossary of Terms https://pflag.org/glossary

Understanding Gender

https://www.glaad.org/transgender/transfaq
https://everydayfeminism.com/2016/08/transgender-101/

Understanding Sexuality

https://www.plannedparenthood.org/learn/sexual-orientation/sexual-orientation

Understanding Pronouns

https://www.glsen.org/sites/default/files/GLSEN%20Pronouns%20Resource.pdf

Developing LGBTQ-Inclusive Classroom Resources

https://www.glsen.org/sites/default/files/2019-11/GLSEN LGBTQ Inclusive Curriculum Resource 2019 0.pdf