



Directed Learning Activity: Learning Styles

Outcome: The objective of this activity is for you to do some self-exploration of your learning preferences and read about some study strategies you may want to use in your classes. Read the directions below and answer the questions at the bottom thoughtfully and carefully.

1. Go to www.vark-learn.com/the-vark-questionnaire/
2. Answer the 16 questions and click “ok.”
3. Look at your visual, aural, read/write and kinesthetic scores and record them below:

Visual _____

Aural _____

Read/write _____

Kinesthetic _____

According to the test, what is your learning preference?

4. Click on one of the learning preferences you have with the highest score.
5. Read about that learning preference and answer the following questions on a separate sheet of paper:
 - a. Write a short explanation of the learning preference you chose.
 - b. Do you agree with your highest score? Explain your answer.
 - c. For the learning preference you clicked on, which study strategy do you think you could use the most?

Tutor Review:

In order to receive final credit for your activity, you must meet with a Literacy Center tutor online to review your DLA. The tutor will ask you specific questions regarding this DLA and then will email your instructor, counselor, or program to confirm your completion of the activity.

Please click on the following link to receive a confirmation email with your appointment details such as date, time, name of the tutor you will meet with, and link to the Zoom meeting.

<https://forms.gle/vjEveWuSduRs55c7>

Literacy Center Hours

Mondays & Wednesdays 11:00 a.m. – 5:00 p.m.

Tuesdays & Thursdays 9:00 a.m. – 3:00 p.m.

Fridays 10:00 a.m. – 2:00 p.m.

Thank you for your patience and cooperation!